

Shrii Shrii Ánandamúrti dictated the original Samáskṛta “ÁNANDA SÚTRAM” to a close devotee as they sat, in a series of night sessions in the year 1961, on the tiger’s grave in Jamalpur, INDIA.

The devotee then present who went on the field walk with our Preceptor wrote by the light of a candle. Sometimes the candle flame was sheltered by a glass drinking tumbler as a sort of makeshift lantern.

ÁNANDA SÚTRAM means, in part, “aphorisms leading to ÁNANDA(Divine Bliss)”. The SÚTRA form has been valued over the centuries as a powerful tool for communicating & for explaining a deep philosophy in a condensed, memorable way.

The literal meaning of SÚTRA is “thread”, implying that numerous jewels of thought can be strung on a single such thread.

In the best traditions of SÚTRA literature, the eighty-five SÚTRA's of this book serve, with breathtaking conciseness, as a framework for the entire Ananda Marga Way of Life.

Preceptor Shrii Shrii Ánandamúrti has in a few vivid strokes presented humanity with original concepts of Ontology, Metaphysics, Epistemology, Ethics, Psychology and macrohistory.

Preceptor has set out for the first time a Socio-Economic approach blending subjective approach with objective adjustment, that offers the world a well-knit and Progressive Social system based on socio-economic-politico-cultural. Preceptor designated Ánanda SÚTRAM, together with the complementary book “IDEA & IDEOLOGY”, as the Darshan Shástra (Philosophical treatise of Ananda Marga).

Ánanda SÚTRAM as a whole has appeared heretofore in English in only one edition, the 1967 translation by Shrii Manohar Gupta (reprinted virtually unedited in 1990)